

# Jaynie Morris - BoomerBabesLife

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My story is no different to yours in many ways, just different dates, places, communities, families etc however one thing we share in common is that we are alive in a time on our planets history that people are really waking up! People are getting confused with their previous conditioning in life and in many ways struggling to 'find that way' through it all however at the same time we have millions of younger people seeing it all clearly. Sure, some of them are 'blaming others' and I get it...they aren't quite taking the time to be open to others 'stories' before them however I am excited now...I am confident that all of us together are ready to contribute and take action for the better.

And in amongst it all, the one thing I have learned is that to make the changes we want 'out there' we first have to make the changes 'within ourselves' ...no matter how old or how young we are.

Sure I have all of the 'life labels' that we get as we live on this planet....Daughter, Sister (although I am still working on that one...doesn't really suit me haha!), Niece, Mother, Wife, Friend, Auntie, StepMother, Author, Yoga Instructor, Nurse, Health Professional, CEO and General Managers of International Companies, home based business lover, Media Commentator, Radio Announcer, Business Owner, Public Speaker, passionate wellness advocate, seeker of knowing 'what is better' so that I can 'do better' ...and so much more.

However at the end of the day...and for you and I right now...I am simply Jaynie Morris-Riggs – someone who truly wants to be your friend and link arms so that we can make a difference.....one person at a time xxx

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